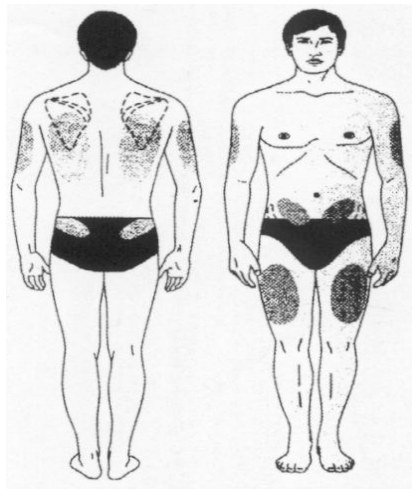


PROPER TECHNIQUE FOR SUBCUTANEOUS INJECTIONS

Common sites for subcutaneous injections are the outer aspect of the upper arms and the anterior aspect of the thighs. These areas are convenient and normally have good blood circulation. Subcutaneous injection sites must be rotated to minimize tissue damage, aid in absorption and avoid discomfort.



1. Prepare the medication from the vial.
2. Get into a relaxed position. A relaxed muscle at the site minimizes discomfort.
3. Select an injection site free of tenderness, swelling, scarring, itching, burning, or inflammation.
4. Clean the site with an alcohol swab.
5. Prepare the syringe for injection by removing the needle cap. Be careful to pull the cap straight off to avoid contaminating the needle by the outside edge of the cap.

The information provided is not intended to cover all possible uses. This information is generalized and not intended as specific medical advice. If you have questions about the use of your prescription, please contact your prescriber.